



Pre-Admission Instructions for Cesarean or Labor



Scheduled Date: _____

Scheduled Time: _____

**Your Arrival Time: _____

You need to arrive at registration at the arrival time indicated above.
(You are welcome to arrive before this time.)

1. If your arrival time is before 6:00 am, please enter the hospital through the Emergency Department, located on the north side of the hospital, and check in with the receptionist at the registration desk.
2. If your arrival time is after 6:00 am, please enter through outpatient services entrance, located on the south side of the hospital, and go to admitting.
3. Take bath or shower with antibacterial soap.
4. Leave all valuables at home.

Additionally, if you are having a cesarean section:

5. You may brush your teeth and use mouthwash as long as nothing is swallowed.
6. Absolutely no makeup, body lotion, nail polish, talcum powder or jewelry.
7. Do not eat or drink anything (including water, juice or coffee) after midnight the night prior to your admission. Also, no gum, chewing tobacco, mints or candy.